



CARDIAC NUCLEAR STRESS STRESS ECHOCARDIOGRAM

115 Blarney Dr. Suite 101 • NE Medical Park • Columbia, SC 29223 • Phone: 803-419-4235 • Fax: 803-419-4236

Please fill the following information out completely:

Patient Name: _____

Phone: _____

Referring Physician: _____ Preferred Reading Physician: _____

DOB: _____ Height: _____ Weight: _____

Insurance: _____ (Please fax copy of face sheet) _____

Auth. Number (required): _____

Date and Time of exam: _____

Nuclear Cardiology:

- Exercise Nuclear Stress Test** — nuclear imaging with treadmill exercise to assess for prior infarct, reversibility, ischemia, assess wall motion and calculate ejection fraction - exam time 3-4 hours
- Pharmacological Nuclear Stress Test** — nuclear imaging as above, but with a pharmacological stress agent for those unable to perform adequate physical exercise - exam time 3-4 hours
- MUGA scan** — tagged red blood cell scan to assess ventricular function and calculate ejection fraction- exam time 90 min.
- Exercise Treadmill Test (non-nuclear)** — exam time 1 hour.

Stress Echocardiogram:

- Treadmill or** **Dobutamine** – exam time .1 hour

Diagnosis or Reason for exam: _____

Patient prep for Cardiac Nuclear Studies & Stress Echoes:

- Patient must refrain from ANY caffeine products ie. (coffee, soda, tea, etc.) at least 12 hours prior to scheduled appointment. Please also refrain from eating the morning of exam.
- Patient should bring a list of all prescription medications they are currently taking.
- If patient is scheduled for exercise treadmill test, please wear comfortable loose-fitting clothing and tennis/jogging type shoes.
- If patient is taking beta-blocker medications, discontinue use 24 hours prior to test as instructed by physician.
- Diabetic patients should take insulin on regular schedule.
- Patient should be aware that some tests will take 3-4 hours to complete. 1hour for Stress Echoes.
- ADDITIONAL INSTRUCTIONS: _____

Physician's Signature: _____ Date: _____

IS PATIENT AWARE OF PREP?

